

A close-up photograph of a white lily flower with a green bud in the background against a black background. The flower is the central focus, with its six petals spread out. The center of the flower shows several stamens with dark purple anthers and a central pistil with a reddish-purple stigma. The background is solid black, making the white and green of the flower stand out.

Turn your skin on
only with Karin Herzog

Salon Treatment Menu

Karin Herzog Oxygen Treatments

Our overriding philosophy is as follows:-

'We aim to provide deeper therapy for real and sustainable results! To effectively and completely treat the face It is best approached via a 2 pronged attack and you must treat the body first before moving up onto the face. The body could well be the cause of the problem, and by working with the systems of the body as a whole, you are able to heal and restore well-being.

Additionally you should use effective cosmeceutical based skin care. Working in this way adds so much more to the therapy as the clients health and balance is restored taking salon based treatments to a new dimension'

Julie Cichocki
Karin Herzog UK

Treating the face via the body is more effective than treating the face alone. We believe in working with the body to provide the most advanced and holistic treatments available.

fresh treatments

Our Fresh range of treatments provides Drama, Aroma and Results using a fusion of natural ingredients and techniques to really stimulate all of the senses.

A fresh aroma from real and natural produce provides a subtle but stirring aroma within the room that gently lifts and transports you to somewhere exotic, fresh and sensuous.

Authentic massage techniques and patented oxygen formulas, create a unique treatment range that is in a class of it's own.



if it's not Karin Herzog, it's *not* Oxygen Therapy



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facials

the pore draw

Manual Extraction Facial

Time: 1 hour 30 Minutes

The best, most effective and the safest manual extraction facial available. Provides advanced Detoxifying for congested skin. Oxygen sterilises not only the therapist's hands, but also the client's skin. Blackheads, white heads, even Milia can be quickly extracted without applying too much pressure. Client leaves with clearer, brighter skin. No lumps & bumps.



the smoothie

Luxury Hydrating and balancing facial

Time: 1 hour 30 Minutes

Luxurious hand's on treatment incorporating oxygen, water, vitamins and gentle but effective super fruit enzymes of orange, mandarin, grapefruit and grapes. A high performance anti-ageing maintenance facial to ensure the skin stays firm, hydrated and lifted. A face-lifting facial with radiance that is both instant and long lasting. Suitable for all skin types including those with heightened sensitivity. Excellent at restoring the natural balance and health of the skin and for treating many common disorders including Rosacea, dermatitis, eczema and many more.



peel and plump

Lunchtime mini peel

Time: 30 Minutes

A fabulous 30 minute facial with staggering results. Using a safe and gentle glycolic acid, rose essential oil and Herzog's patented and proven Oxygen therapy. This treatment revives tired looking skin, helps soften fine lines, hydrates and plumps. Skin is Lifted and toned, elasticity is improved and the complexion looks brighter. Stimulates cell renewal whilst simultaneously decongesting. Essential for dry, mature skin, pigmentation problems, acne scarring or general lack-lustre skin.

Brilliant as an advanced beauty aid before a special occasion!



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facials

spring clean facial

Our teen facial

Time: 45 Minutes

Our recommended facial for teenage skin. A deeply cleansing facial to balance and detox young, imbalanced, hormonal complexions. The skin is cleansed, exfoliated and massaged before our world patented oxygen therapy works to brighten the skin and calm down over active sebaceous glands. Skin looks visibly brighter and feels instantly deep down clean and refreshed.

Suitable for all skin types, even very young skin and is a brilliant introduction to professional treatments and an effective skin care regime for teenagers.

chocolate facial

Luxurious anti ageing facial

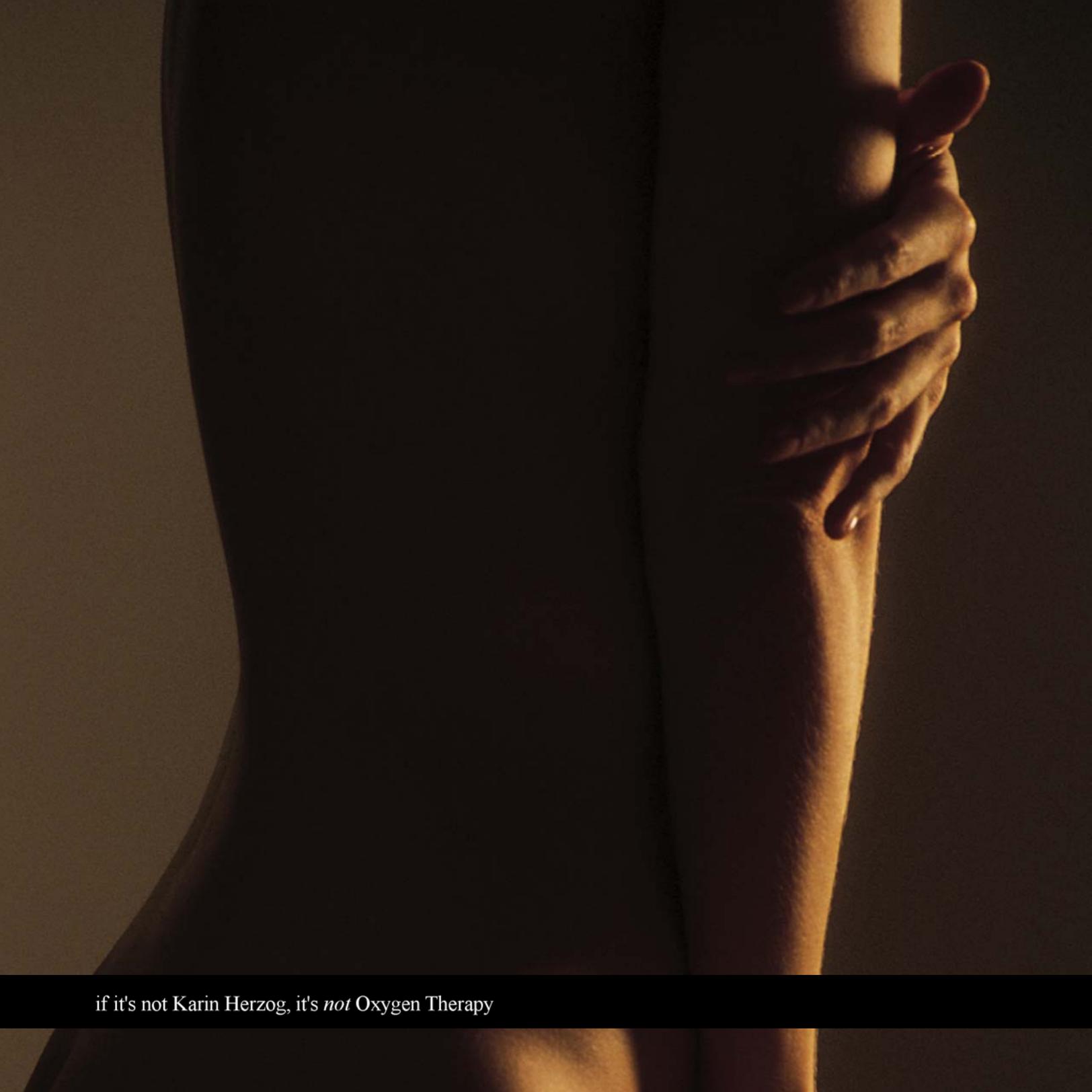
Time: 1 hour and 1 hour 30 Minutes

Developed in 2001, the enormous and glowing press coverage that followed this facial has given rise to the new chocolate therapy, rapidly spreading across the World. As the pioneers and originators of this revolution we emphasise that unless combined with Herzog's World leading, patented and clinically proven Oxygen delivery system, chocolate therapy is no more than superficial!

The fusion of Chocolate and Oxygen lie at the core of the unparalleled results and success of this treatment and its advanced anti-ageing properties!

A potent and highly charged hands-on facial. Chocolate is just bursting with natural health and goodness: Anti-Oxidants, vitamins, trace elements, hormone balancing minerals and lipids to super hydrate and lift, whilst Herzog's Oxygen delivery provides the pure raw power needed to fully utilise all of the luscious raw ingredients from the chocolate, and further provide detoxification, clarity, elasticity, health and rejuvenation.





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advanced facials and body treatments

monoi skin nourisher

Time: 1 hour 30 Minutes

Indulgent and decadent: A facial that delivers on many levels, and provides drama and stimulus for all the senses. Fresh oranges, honey, bananas, warm coconut oil and Herzog's Oxygen Therapy combine to soothe, soften and rejuvenate.

Incorporating a truly sensuous back massage with warm fresh oranges this facial fills the room with the uplifting aroma of zesty fresh fruit and is a treat in every sense of the word. Pampering at its best!

chocolate body

Time: 1 hour 15 minutes

Time: 2 hours (Deluxe extended massage)

A divine full body treatment

The body is cleansed with a warm chocolate and milk wash which is then removed with hot towels infused with chocolate. The body is brushed to encourage circulation before warm chocolate and exotic coconut oil is drizzled over the skin and the massage begins.

detox backcial

**An extraction pore-draw facial for the back
Time: 45 minutes**

This treatment is designed for congested skins in this area and is a treat for party seasons and the summer. The back is exfoliated and massaged, prior to oxygen therapy and our World leading and specialised manual extraction.

Finally a specific mask is applied to sterilise, heal and hydrate the skin leaving the back clean, hydrated and visibly clearer to help you feel more confident in swimwear or when that revealing number comes out for special occasions.

nourishing backcial

**An enhanced smoothie facial for the back
Time: 45 minutes**

Fresh warm oranges are massaged over the back before it is exfoliated with pure white marble and orange scrub. Heavenly Massage follows to unwind and relax offering deep tissue manipulation. Warm organic honey further softens and prepares the skin for oxygenation.

A super tonic for those who carry stress and strain in the back area or those who find it difficult to relax.

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advanced facials and body treatments

oxy contour

Manual Lymphatic Draining

Time: 1hr 45 minutes

As this treatment incorporates our Medial grade Manual Lymphatic Drainage massage, it is beneficial to restore health and well being to almost all. Especially therapeutic for those who suffer from cellulite! Nothing detoxes like Oxygen! Nothing provides Oxygen therapy like Herzog! Detoxifying the body reduces cellulite! The facts speak for themselves!

The additional water that is infused into the tissues with Herzog's Oxygen therapy enables unwanted destroyed bacteria to wash to the newly stimulated and cleared Lymphatic system and out of the body.

MLD massage is also Key to increasing the metabolic rate and so this treatment is strongly recommended to all who are on a weight loss program.

Additionally this treatment will help banish water retention, swollen puffy areas and generally increase circulation and energy levels.

Great for long term smokers or those who have felt under the weather and tired or burnt-out. A specially developed copper, clay

and volcanic mud mask further enhances detoxification and strengthens the immune system.

This treatment is recommended as a course as results are cumulative and will ensure a re-shaping, re-contouring of the body, with cellulite banished and replaced with a new shapelier contour and silhouette.



total body meltdown

Time: 1 hour 30 minutes

The name says it all! A total pampering full body treatment to gently pick you off the urban treadmill and deliver you to a haven of tranquility and calm.

Recommended as an end of day treat or when not in a hurry and you have time to

relax and unwind further afterwards. Warm fresh oranges and fresh milled warming spices including ginger and cinnamon cosset and warm you and fill the air with exotic intoxicating but natural aromas.

A real treat to encourage rest and reward and

to balance overall well being. A body exfoliation and massage with warm exotic coconut oil, and an infusion of oxygen and vitamins, will energise, nourish and rejuvenate.

The perfect antidote for stress and tension.

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advanced facials and body treatments

bodicial one

For acne, problematic and congested skin

Time: 1 hour

True to our ethos of treating the face **THROUGH THE BODY**, The Bodicial first treats, clears and stimulates the body's natural Lymphatic system; Developed for clients with a history of acne and breakouts.

This treatment incorporates an advanced upper body Manual lymphatic drainage massage to help the body to naturally detoxify itself and thus have heightened effects at clearing bacteria from the face following our clinically proven oxygen therapy.

The fusion of the Lymphatic massage and our World leading **Pore-Draw** extraction facial enables us to treat long-term problematic skins and achieve unprecedented results.

Breakouts are controlled and the skin begins a program of detoxification and clear-out. This treatment should be offered as a series of treatments for best effect, as results are cumulative: Clearing lymph of bacteria and skin of breakouts more and more with every visit on the path to clear and transformed skin.

bodicial two

For dry, mature, devitalised skins.

Time: 1hr 30 minutes

Recommended for all those who feel under the weather long-term; Burnt-out, over tired. Who show the signs of premature ageing on the face and who suffer from continual stress and anyone who has increased sensitivity from toxic overload or who feels unwell and in need of a real tonic!

Working on the premise that it is better to treat from the inside out for optimum results this treatment combines our medial grade manual lymphatic massage with either the smoothie or chocolate facial.

If the body carries too many toxins (Which build up with stress and is always associated with Low Oxygen), the face shows the signs of tension and fine lines appear. Left untreated these deepen with time develop into deep wrinkles that could easily be prevented. By removing excess bacteria and toxic waste from the body the face is instantly lifted, and the immune system is stimulated. Health and well being is greatly improved.

Energy levels are heightened for an extended period of time and the client will both look and feel much younger with a spring in her step and a flush of youth to her skin.

For optimum results we advise a course of treatments to ensure the lymph is completely clear.

Regular maintenance treatments should then follow every 8 – 12 weeks.

o₂ relax

Acupressure Pressure point massage

Time: 1 hour 45 minutes

This treatment uses our own specially developed pressure point massage which helps to nurture and relax the client, working specifically over meridians where energies are transported around the body.

Trapped negative energy is dislodged and replaced with a surge of real and positive energy.

A relaxing full body exfoliation using natural fruit enzymes of orange, bilberry, mandarin, grapefruit and grapes, and an oxygen and vitamin wrap guarantees smooth baby soft skin and re-energised tired limbs and joints.

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contact and more information



We have a vast collection of articles and documents that explain more about the range and treatments available. We would be more than happy to provide you with any additional information you require.

You can also visit our website:

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